

# 4 Keys to Contentment

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We are not by nature contented people. We're often dissatisfied with the way things are. The secret to contentment is learning to enjoy what God has already given us. Ecclesiastes 5:19 says, *"We should be grateful and enjoy what we have worked for. It is a gift from God"* (GNT).

The Bible gives us four keys to contentment:

- 1 Stop comparing yourself to others.** God made you unique. You're not one in a million; you're one in billions! Second Corinthians 10:12 says, *"We do not dare to classify or compare ourselves"* (NIV).
- 2 Enjoy what you have.** God wants you to enjoy life, not just endure it. The Bible says, *"[God] richly provides us with everything for our enjoyment"* (1 Timothy 6:17 NIV).
- 3 Remember life is not about things.** Jesus says, *"Watch out and guard yourselves from every kind of greed; because your true life is not made up of the things you own, no matter how rich you may be"* (Luke 12:15 GNT).
- 4 Focus on what will last forever.** Only two things are going to last forever: the Word of God and people. First Peter 1:24-25 says, *"The grass withers, the flower fades. But the word of the Lord remains forever"* (NLT).