

# 8 Habits for Financial Fitness

BY RICK WARREN

If you want to be healthy in any area of your life, you must develop healthy habits in that area. When it comes to your financial health, there are eight habits you can build into your life to become financially fit:

- 1 Remember that God is your source.** Deuteronomy 8:18 says, *“Remember the LORD your God, for it is he who gives you the ability to produce wealth”* (NIV).
- 2 Make money honestly.** Proverbs 15:27 says, *“Dishonest money brings grief to the whole family”* (TLB).
- 3 Honor God first.** Deuteronomy 14:23 says, *“The purpose of tithing is to teach you always to put God first in your lives”* (TLB).
- 4 Save money wisely.** Proverbs 21:20 says, *“The wise man saves for the future, but the foolish man spends whatever he gets”* (TLB).
- 5 Keep good records.** Proverbs 27:23-24 says, *“Riches can disappear fast . . . so watch your business interests closely. Know the state of your flocks and herds”* (TLB).
- 6 Plan your spending.** Proverbs 21:5 says, *“Plan carefully and you will have plenty; if you act too quickly, you will never have enough”* (GNT).
- 7 Set up a repayment plan.** Proverbs 3:27 says, *“Don’t withhold repayment of your debts”* (TLB).
- 8 Commit it all to God.** Proverbs 16:3 says, *“Commit your actions to the LORD, and your plans will succeed”* (NLT).