What's a FAITH Goal?

Focused Attainable I ndividual Trackable Heartfelt



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Setting Goals in Faith

"According to your faith let it be done to you." MATTHEW 9:29 (NIV)

God always works in your life **through your faith**. And a goal is a statement of faith. That's why you need to set goals in your life. **Goals align with God's will for you** to accomplish specific things by a certain time. So, if you don't have a deadline, it's not a goal. It's simply a wish—and wishes are a dime a dozen. Setting and achieving goals will change your life!

A faith goal has five characteristics:

F - A faith goal is *focused.* That means it's specific. It's not vague. It's not just a desire, whim, or wish. Your goal is specific when you decide exactly by what date you will accomplish it.

A - A faith goal is *attainable*. Set goals that stretch you, so in faith you will accomplish it with God's help. Unrealistic goals will discourage you. An attainable goal is possible, and it's practical.

I - A faith goal is *individual.* That means it's personal. You can't set goals for other people because you can't control them. The only way you can change other people is by changing yourself.

T - A faith goal is *trackable.* That means you can measure it. Set a date and track your progress until you accomplish your goal.

H - A faith goal is *heartfelt*. If you're not passionate about it, don't set it. Nothing is accomplished without passion.



I want to encourage you to set one spiritual goal today. Maybe your goal is to have a quiet time with God for 5 minutes every day for the next 30 days. You'll talk to God in prayer, read his Word, and let him talk to you. That's a faith goal. Use the space below to write out your first goal.



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