

DO YOU REALLY WANT TO GROW UP?

40 Days of Prayer
Rick Warren

"We are not meant to remain as children at the mercy of every chance wind of teaching . . . But we are meant to hold firmly to the truth in love, and to grow up in every way into Christ." Ephesians 4:14 (PHILLIPS)

SIX LAWS OF SPIRITUAL GROWTH

1. WE GROW WHEN WE _____

Jesus: "People do not live by bread alone, but by every word that comes from the mouth of God." Matthew 4:4 (NLT)

Paul: "The word of his grace, which can build you up and give you an inheritance among all those who are sanctified." Acts 20:32 (NIV)

Hear . . . Read . . . Study . . . Memorize . . . Meditate . . . Apply

ACTION STEP: _____

2. WE GROW WHEN WE _____

"In many different ways John preached the good news to the people."
Luke 3:18 (CEV)

- By Listening (Auditory)
- By Watching/Reading (Visual)
- By Talking (Verbal/Oral)
- By Doing it (Physical/Kinesthetic)

"God speaks in different ways, and we don't always recognize his voice."
Job 33:14 (CEV)

3. WE GROW WHEN WE _____

"Now that you know this truth, how happy you will be if you put it into practice!"
John 13:17 (GNT)

"Solid food is for mature people, whose minds are trained by practice to know the difference between good and evil." Hebrews 5:14 (GW)

"All good athletes train hard. They do it for a gold medal that tarnishes and fades. You're after one that's gold eternally." 1 Corinthians 9:25 (MSG)

- Habit of weekly large group worship
- Habit of small group fellowship

- Habit of a daily time alone with God (Bible & Prayer)
- Habit of memorizing God's Word

4. WE GROW WHEN WE _____

"I want us to help each other with the faith we have. Your faith will help me, and my faith will help you." Romans 1:12 (NCV)

"Let us be concerned for one another, to help one another to show love and to do good. Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more." Hebrews 10:24-25 (GNT)

ACTION STEP: _____

5. WE GROW WHEN WE _____

Jesus: "According to your faith let it be done to you." Matthew 9:29 (NIV)

6. WE GROW WHEN WE _____

God: "You'll find me. 'Yes, when you get serious about finding me and want it more than anything else." Jeremiah 29:13 (MSG)

ACTION STEP: _____

Nehemiah: "In view of all this, we are making a solemn promise and putting it in writing. On this sealed document are the names of our leaders."
Nehemiah 9:38 (NLT)

"Our greatest wish and prayer is that you will become mature Christians."
2 Corinthians 13:9 (TLB)

Next Steps

Visit PastorRick.com for more Bible teaching and to sign up for the daily devotional.

Did you pray and give your life to Jesus for the first time today? Email Rick@PastorRick.com for free tools to help you on your spiritual journey!

Has Daily Hope helped you? Share your story with Pastor Rick at Rick@PastorRick.com

Help Daily Hope reach more people with the certain hope of Jesus! Give now at Donate.PastorRick.com

A BEGINNER'S GUIDE TO PRAYER

40 Days of Prayer
Rick Warren

"One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, 'Lord, teach us to pray.'" Luke 11:1 (NIV)

OUR FRUSTRATIONS WITH PRAYER ARE CAUSED BY: OUR MISCONCEPTIONS

- Not a magic wand
- Not a fire extinguisher
- Not a tug of war
- Not a ritual to relieve guilt

4 FOUNDATIONAL TRUTHS ABOUT PRAYER

1. GOD LOVES FOR ME TO TALK WITH HIM

"He is like a father to us, tender and sympathetic to those who reverence him."
Psalm 103:13 (TLB)

"This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him." 1 John 5:14-15 (NIV)

PRAYER IS: A CONVERSATION, NOT A CEREMONY A RELATIONSHIP, NOT A RITUAL

"I have good plans for you, not plans to hurt you. I will give you hope and a good future. Then you will call my name. You will come to me and pray to me, and I will listen to you." Jeremiah 29:11-12 (NCV)

2. GOD LISTENS TO PRAYERS THAT ARE SINCERE & SIMPLE

"When you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him."

Matthew 6:5-8 (NIV)

"Let us come near to God with a sincere heart and a sure faith."

Hebrews 10:22 (GNT)

3. GOD LIKES TO SHOW HIS GOODNESS BY ANSWERING PRAYER

"Call to me and I will answer you. I'll tell you marvelous and wondrous things that you could never figure out on your own." Jeremiah 33:3 (MSG)

"If you sinful people know how to give good gifts to your children, how much more will your heavenly Father give good gifts to those who ask him."

Matthew 7:11 (NLT)

"You do not have because you do not ask God." James 4:2 (NIV)

4. GOD LONGS TO BE CLOSE TO ME

"The Lord must wait for you to come to him so he can show you his love and compassion." Isaiah 30:18 (NLT)

"I don't want your sacrifices—I want your love; I don't want your offerings—I want you to know me." Hosea 6:6 (TLB)

"Friendship with God is reserved for those who reverence him. With them alone he shares the secrets of his promises." Psalm 25:14 (TLB)

"Draw close to God, God will draw close to you." James 4:8 (TLB)

THE CLOSER I AM TO GOD THE LESS STRESSED & MORE BLESSED I'LL BE

Next Steps

Visit PastorRick.com for more Bible teaching and to sign up for the daily devotional.

Did you pray and give your life to Jesus for the first time today? Email Rick@PastorRick.com for free tools to help you on your spiritual journey!

Has Daily Hope helped you? Share your story with Pastor Rick at Rick@PastorRick.com

Help Daily Hope reach more people with the certain hope of Jesus! Give now at Donate.PastorRick.com

PRAYING IN FIVE DIMENSIONS

40 Days of Prayer
Rick Warren

1. _____

• WE SEE IT _____

"Since the creation of the world God's invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made, so that people are without excuse." Romans 1:20 (NIV)

"Can you discover the limits and bounds of the greatness and power of God? The sky is no limit for God, but it lies beyond your reach. God knows the world of the dead, but you do not know it. God's greatness is broader than the earth, wider than the sea." Job 11:7-9 (GNT)

• WE SEE IT _____

"The Word became a human and lived among us. We saw his glory . . . and he was full of grace and truth." John 1:14 (NCV)

*"Jesus Christ is the same yesterday and today and forever."
Hebrews 13:8 (NIV)*

*"Grace & peace to you from him who is, and who was, and who is to come."
Revelation 1:4 (NIV)*

• WE SEE IT _____

"The wind blows wherever it pleases. You hear its sound, but you don't know where the wind comes from or where it's going. That's the way it is with everyone born of the Holy Spirit." John 3:8 (GW)

"He does wonders that cannot be understood; he does so many miracles they cannot be counted. When he passes me, I cannot see him; when he goes by me, I do not recognize him." Job 9:10-11 (NCV)

2. BECAUSE GOD IS MULTIDIMENSIONAL _____

"Where could I go to escape from you? Where could I ever get away from your presence? If I went up to heaven, you would be there; if I lay down in the world of the dead, you would be there. If I flew away beyond the east or lived in the farthest place in the west, you would be there to lead me, you would be there to help me. I could ask the darkness to hide me . . . but even darkness is not dark for you, and the night is as bright as the day. Darkness and light are the same to you."

Psalm 139:7-12 (GNT)

HOW TO PRAY IN FIVE DIMENSIONS AS I PRAY . . .

1. I LOOK _____
"God paid a ransom to save you from the empty life. . . . It was the precious blood of Christ, the sinless, spotless Lamb of God." 1 Peter 1:18-19 (NLT)

THE CROSS REMINDS ME

- How deeply God loves me
- How costly evil & sin is
- How completely I'm forgiven

2. I LOOK _____
"The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, 'Abba, Father.' The Spirit himself testifies with our spirit that we are God's children. Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory." Romans 8:15-17 (NIV)

GOD WANTS MY PRAYERS TO BE

- Abba! Daddy! _____
- Cry Out! _____
- By His Spirit _____

3. I LOOK _____
*"Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you—unless, of course, you fail the test?"
2 Corinthians 13:5 (NIV)*

4. I LOOK _____
"Give yourselves completely to God—every part of you—for you are back from death and you want to be tools in the hands of God, to be used for his good purposes." Romans 6:13 (TLB)

5. I LOOK _____
"Being confident of this, that he who began a good work in you will carry it on to complete it until the day of Christ Jesus." Philippians 1:6 (NIV)

HOW TO PRAY THROUGHOUT YOUR DAY

40 Days of Prayer
Rick Warren

“Pray in the Spirit at all times with all kinds of prayers, asking for everything you need. To do this you must always be ready and never give up. Always pray for all God’s people.” Ephesians 6:18 (NCV)

BY DEVELOPING 2 HABITS

1. _____
“Pray on every occasion, as the Spirit leads.” Ephesians 6:18 (GNT)
“Never stop praying.” 1 Thessalonians 5:17 (GW)
2. _____
“Seven times a day I praise you.” Psalm 119:164 (NIV)

A DAILY SCHEDULE BUILT ON THE LORD’S PRAYER

1. _____ (THANKSGIVING)
Jesus: *“Your Father knows what you need before you ask him. This, then, is how you should pray: ‘Our Father in heaven.’” Matthew 6:8-9 (NIV)*
“Every good and perfect gift is from above, coming down from the Father of the heavenly lights.” James 1:17 (NIV)
 - I THANK MY FATHER IN HEAVEN FOR HIS CONSISTENT LOVE & I RECALL ALL _____
2. _____ (PRAISE)
“Hallowed be your name.” Matthew 6:9 (NIV)
“Every day I will bless You, and I will praise Your name forever and ever.” Psalm 145:2 (NKJV)
 - I REVIEW GOD’S NAMES & _____
God says “I AM . . .” *Abba—Your Loving Father!*, *Ei Deah—Your God Who Knows Everything!*, *Jehovah Rapha—Your God who Heals you!*, *Ei Shaddai—God Almighty with all the Power you need!*
“Those who know your name trust in you, for you, Lord, have never forsaken those who seek you.” Psalm 9:10 (NIV)

3. _____ (DEDICATION)
“Your kingdom come, and your will be done on earth as it is in heaven.” Matthew 6:10 (PHILLIPS)
 - I ALIGN MYSELF WITH GOD’S _____ FOR MY LIFE
“Seek first his kingdom and his righteousness, and all these things will be given to you as well.” Matthew 6:33 (NIV)
4. _____ (PETITION)
“Give us today our daily bread.” Matthew 6:11 (NIV)
 - I ASK FOR _____ I NEED
Jesus: *“You can ask for anything in my name.” John 14:13 (NLT)*
 - I ASK FOR WHAT _____ (INTERCESSION)
“I will surely not stop praying for you, because that would be sinning against the Lord.” 1 Samuel 12:23 (NCV)
“Jesus has the power of God, by which he gives us everything we need to live, and to serve God. We have these things because we know him.” 2 Peter 1:3 (NCV)
5. _____ (CONFESSION)
“Forgive us our sins, as we have forgiven those who sin against us.” Matthew 6:12 (NLT)
 - I ADMIT MY SINS AND I _____
“I confessed my sins to you and didn’t hide my guilt . . . and you forgave my guilt.” Psalm 32:5 (NCV)
6. _____ (PROTECTION)
“And lead us not into temptation, but deliver us from the evil one.” Matthew 6:13 (NIV)
“No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.” 1 Corinthians 10:13 (NIV)
7. _____ (BENEDICTION)
“For yours is the kingdom and the power and the glory forever. Amen.” Matthew 6:13 (AMP)

HOW TO PRAY FOR HEALING & RESTORATION

40 Days of Prayer
Rick Warren

"If my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land." 2 Chronicles 7:14 (NLT)

4 CONDITIONS

1. _____
"If my people will humble themselves." 2 Chronicles 7:14 (TLB)

HUMILITY:

- **IF I'M HUMBLE,** _____
"He leads the humble in the right way and teaches them his will." Psalm 25:9 (GNT)
- **IF I'M HUMBLE,** _____
"I will bless those who have humble and contrite hearts." Isaiah 66:2 (NLT)
- **IF I'M HUMBLE,** _____
"God opposes the proud but shows favor to the humble." James 4:6 (NIV)
- **IF I'M HUMBLE,** _____
Jesus: *"Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls." Matthew 11:29 (NIV)*

2. _____
"If my people . . . pray." 2 Chronicles 7:14 (NIV)

Jesus: *"I tell you the truth, my Father will give you anything you ask for in my name. Until now you have not asked for anything in my name. Ask and you will receive, so that your joy will be the fullest possible joy." John 16:23-24 (NCV)*

"Is any one of you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven." James 5:13-15 (NIV)

"Pray in the Spirit at all times with all kinds of prayers, asking for everything you need. To do this you must always be ready and never give up. Always pray for all God's people." Ephesians 6:18 (NCV)

3. _____
"If my people . . . seek my face." 2 Chronicles 7:14 (NIV)

"I love those who love me, and those who seek me find me." Proverbs 8:17 (NIV)

"He rewards those who earnestly seek him." Hebrews 11:6 (NIV)

"If from there you seek the Lord your God, you will find him if you seek him with all your heart and with all your soul. When you are in distress and all these things have happened to you, then in later days you will return to the Lord your God and obey him. For the Lord your God is a merciful God; he will not abandon or destroy you." Deuteronomy 4:29-31 (NIV)

"Seek first his kingdom and his righteousness, and all these things will be given to you as well." Matthew 6:33 (NIV)

4. _____
"If my people . . . turn from their wicked ways." 2 Chronicles 7:14 (NIV)

"If you hide your sins, you will not succeed. If you confess and reject them, you will receive mercy." Proverbs 28:13 (NCV)

"Therefore confess your sins to each other and pray for each other so that you may be healed." James 5:16 (NIV)

3 PROMISES:

1. I WILL _____

2. I WILL _____

3. I WILL _____

Next Step

Visit PastorRick.com for more Bible teaching and to sign up for the daily devotional.

WHEN GOD SAYS NO

40 Days of Prayer
Rick Warren

“Call to me and I will answer you.” Jeremiah 33:3 (NIV)

3 OF THE MANY REASONS GOD SAYS ‘NO’

CAUTION: Use these to comfort yourself, but never use them with someone in pain, because you don’t know why God said no to them.

1. GOD SAYS ‘NO’ WHEN HE HAS _____

“He knows about everyone, everywhere. Everything about us is bare and wide open to the all-seeing eyes of our living God; nothing can be hidden from him.”

Hebrews 4:13 (TLB)

“He guards the course of the just and protects the way of his faithful ones.”

Proverbs 2:8 (NIV)

2. GOD SAYS ‘NO’ WHEN HE HAS _____

God: “This plan of mine is not what you would work out, neither are my thoughts the same as yours! . . . My ways higher than yours.” Isaiah 55:8-9 (TLB)

“These were all commended for their faith, yet none of them received what had been promised, since God had planned something better.”

Hebrews 11:39-40 (NIV)

GOD HAS ALL OF ETERNITY _____

3. GOD SAYS ‘NO’ WHEN HE HAS _____

“I cry out to God Most High, to God who fulfills his purpose for me.”

Psalms 57:2 (ESV)

“The purpose of these troubles is to test your faith as fire tests how genuine gold is. Your faith is more precious than gold.” 1 Peter 1:7 (GW)

“Our present troubles are small and won’t last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! So we don’t look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.” 2 Corinthians 4:17-18 (NLT)

“There are some things the Lord our God has kept secret, but there are some things he has let us know.” Deuteronomy 29:29 (NCV)

“Just as you’ll never understand the mystery of life forming in a pregnant woman, so you’ll never understand the mystery at work in all that God does.”

Ecclesiastes 11:5 (MSG)

WHAT SHOULD I DO WHEN GOD SAYS ‘NO’?

1. TRUST _____

“All the ways of the Lord are loving.” Psalm 25:10 (NIV)

“In everything God works for the good of those who love him.”

Romans 8:28 (NCV)

I DON’T HAVE TO _____ TO KNOW THAT IT IS MOTIVATED BY LOVE.

2. WHEN IN PAIN, PRAY _____

“Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. ‘Abba, Father,’ he said, ‘everything is possible for you. Take this cup from me. Yet not what I will, but what you will.’” Mark 14:35-36 (NIV)

THE RIGHT WAY TO PRAY

• _____
“Father, I know you can do anything!”

• _____
“Father, please give me what I ask!”

• _____
“However, what I want most is your will!”

3. EXPECT _____

Paul: “Three times I pleaded with the Lord to take it away from me. But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me . . . For when I am weak, then I am strong.”

2 Corinthians 12:8-10 (NIV)

“Those who know you, Lord, will trust you; you do not abandon anyone who comes to you.” Psalm 9:10 (GNT)

Next Step

Visit PastorRick.com for more Bible teaching and to sign up for the daily devotional.