

# Five Things to Do in a Storm

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Sooner or later, you're going to find yourself in a storm. It might be a relationship storm, an economic storm, or a health storm. You might feel helpless in the storm, but you're not—because God has a plan. There are five things God wants you to do in a storm, and he'll provide the grace and strength you need for each one!

## 1. Have courage because Jesus is with you.

Courage isn't the absence of fear. Courage is moving ahead in spite of your fears. It's doing the right thing even when you're scared to do it. Instead of letting your fears dominate you, tell Jesus you need his help to believe he is bigger than anything you're afraid of. He's with you, and he can handle your fear.

## 2. Take a risk in faith.

That's what Peter did one stormy night when he and the other disciples saw Jesus walking on the water. Matthew 14:28-29 says, *"Then Peter called to [Jesus], 'Lord, if it's really you, tell me to come to you, walking on the water.' 'Yes, come,' Jesus said. So Peter went over the side of the boat and walked on the water toward Jesus"* (NLT). The moment you're most afraid is the moment you should take a risk in faith. Just step out of the boat, and you'll find Jesus waiting there for you.

## 3. Stay focused on Jesus.

It was only when Peter took his eyes off Jesus that he began to sink. The Living Bible paraphrase says: *"When he looked around at the high waves, he was terrified and began to sink. 'Save me, Lord!' he shouted"* (Matthew 14:30). When you're in a storm, keep your eyes on the Lord.

## 4. Turn your doubt around.

When Peter began to sink, here's what happened: *"Immediately Jesus reached out his hand and caught him. 'You of little faith,' he said, 'why did you doubt?'"* (Matthew 14:31 NIV). You're not always going to have enough faith—but Jesus is always enough. When you start to doubt, remember that you're relying on his strength and not your own.

## 5. Praise God.

Even in difficult situations, you still have choices. You can worry, or you can worship. You can panic, or you can pray. You can tremble, or you can trust. You can have fear, or you can have faith. Do like Peter and the disciples did in the boat, and choose to praise God: *"When [Jesus and Peter] climbed into the boat, the wind died down. Then those who were in the boat worshiped him, saying, 'Truly you are the Son of God'"* (Matthew 14:32-33 NIV).

There's only ever been one unsinkable boat—and it wasn't the Titanic! It was this little fishing boat because Jesus was in it. When Jesus is in your boat, it won't sink either. He will be with you all the way through your storm.