

## SIX KEYS TO PEACE IN RELATIONSHIPS

You Make Me Crazy  
Rick Warren & Tom Holladay

*"If you are wise and understand God's ways, prove it by living an honorable life, doing good works with the humility that comes from wisdom. But if you are bitterly jealous and there is selfish ambition in your heart, don't cover up the truth with boasting and lying. For jealousy and selfishness are not God's kind of wisdom. Such things are earthly, unspiritual, and demonic. For wherever there is jealousy and selfish ambition, there you will find disorder and evil of every kind. But the wisdom from above is first of all pure. It is also peace loving, gentle at all times, and willing to yield to others. It is full of mercy and the fruit of good deeds. It shows no favoritism and is always sincere. And those who are peacemakers will plant seeds of peace and reap a harvest of righteousness." James 3:13-18 (NLT)*

### SIX THINGS WISE PEOPLE NEVER DO

1. \_\_\_\_\_

**IF I WANT TO BE WISE . . .** \_\_\_\_\_  
*"He grants a treasure of common sense to the honest. He is a shield, to those who walk with integrity." Proverbs 2:7 (NLT)*

2. \_\_\_\_\_

**IF I WANT TO BE WISE . . .** \_\_\_\_\_  
*"Any fool can start arguments; the honorable thing is to stay out of them." Proverbs 20:3 (GNT)*

*"A wise man controls his temper. He knows that anger causes mistakes." Proverbs 14:29 (TLB)*

3. \_\_\_\_\_

**IF I WANT TO BE WISE . . .** \_\_\_\_\_  
*"Kind words bring life, but cruel words crush your spirit." Proverbs 15:4*

4. \_\_\_\_\_

**IF I WANT TO BE WISE . . .** \_\_\_\_\_  
*"Intelligent people are always ready to learn. Their ears are open for knowledge." Proverbs 18:15 (NLT)*

5. \_\_\_\_\_

**IF I WANT TO BE WISE . . .** \_\_\_\_\_  
*"Love forgets mistakes; nagging about them parts the best of friends." Proverbs 17:9 (TLB)*

6. \_\_\_\_\_

Greek: *adiakritos & anypokritos*

**IF I WANT TO BE WISE . . .** \_\_\_\_\_  
*"Whoever hides hate is a liar. Whoever tells lies is a fool." Proverbs 10:18 (NCV)*

*"He is the key that opens all the hidden treasures of God's wisdom and knowledge." Colossians 2:3 (GNT)*

### Next Steps

Visit [PastorRick.com](http://PastorRick.com) for more Bible teaching and to sign up for the daily devotional.

Did you pray and give your life to Jesus for the first time today? Email [Rick@PastorRick.com](mailto:Rick@PastorRick.com) for [free tools](#) to help you on your spiritual journey!

Has Daily Hope helped you? Share your story with Pastor Rick at [Rick@PastorRick.com](mailto:Rick@PastorRick.com)

Help Daily Hope [reach more people](#) with the certain hope of Jesus! Give now at [Donate.PastorRick.com](http://Donate.PastorRick.com)

## WHO'S PUSHING YOUR BUTTONS?

You Make Me Crazy  
Rick Warren & Tom Holladay

*"If you cannot control your anger, you are as helpless as a city without walls, open to attack." Proverbs 25:28 (GNT)*

*"A fool is quick-tempered, but a wise person stays calm when insulted." Proverbs 12:16 (NLT)*

*"Better to be patient than powerful; better to have self-control than to conquer a city." Proverbs 16:32 (NLT)*

### WAYS PEOPLE EXPRESS ANGER

- ---

Example: Cain  
*"Cain was very angry, and his face was downcast . . . While they were in the field, Cain attacked his brother Abel and killed him." Genesis 4:5, 8 (NIV)*
- ---

Example: Jeremiah  
*"I stayed by myself and was filled with anger. Why do I keep on suffering? Why are my wounds incurable? Why won't they heal?" Jeremiah 15:17-18 (GNT)*
- ---

Example: The Prodigal's Brother  
*"The older brother was so angry he would not go in the house; so his father came out and begging him to come in." Luke 15:28 (GNT)*
- ---

Example: The Pharisees  
*"The Pharisees and the teachers of the law were furious and began to discuss with one another what they might do to Jesus." Luke 6:11 (NIV)*

### HOW TO DISARM YOUR BUTTON-PUSHERS

1. 

---

*"An angry person causes trouble; a person with a quick temper sins a lot." Proverbs 29:22 (NCV)*

*"Hot tempers cause arguments." Proverbs 15:18 (GNT)*

*"Anger causes mistakes." Proverbs 14:29 (TLB)*

*"People with hot tempers do foolish things." Proverbs 14:17 (GNT)*

*"People with understanding control their anger; a hot temper shows great foolishness." Proverbs 14:29 (NLT)*
2. 

---

*"A person's wisdom yields patience; it is to one's glory to overlook an offense." Proverbs 19:11 (NIV)*
3. 

---

*"Sensible people always think before they act." Proverbs 13:16 (GNT)*

*"Fools vent their anger, but the wise quietly hold it back." Proverbs 29:11 (NLT)*

*"A gentle answer quiets anger, but a harsh one stirs it up." Proverbs 15:1 (GNT)*

*"A truly wise person uses few words; a person with understanding is even-tempered." Proverbs 17:27 (NLT)*
4. 

---

*"Lord, help me control my tongue; help me be careful about what I say." Psalm 141:3 (NCV)*

*"The Spirit produces the fruit of love, joy, peace, patience." Galatians 5:22 (NCV)*
5. 

---

*"The fear of human opinion disables; trusting in God protects you from that." Proverbs 29:25 (MSG)*

*"Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes." Ephesians 1:4 (NLT)*

## RESOLVING CONFLICT

You Make Me Crazy  
Rick Warren & Tom Holladay

*"Never pay back evil with more evil. Do things in such a way that everyone can see you are honorable."* Romans 12:17-18 (NLT)

### THE DAMAGE OF UNRESOLVED CONFLICT

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### BIBLICAL STEPS TO RESOLVING CONFLICT

1. \_\_\_\_\_  
*"If you are presenting a sacrifice at the altar in the Temple and you suddenly remember that someone has something against you, leave your sacrifice there at the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God."* Matthew 5:23-24 (NLT)
2. \_\_\_\_\_  
*"Why do you notice the little piece of dust in your friend's eye, but you don't notice the big piece of wood in your own eye? . . . First, take the wood out of your own eye. Then you will see clearly to take the dust out of your friend's eye."*  
Matthew 7:3, 5 (NCV)
3. \_\_\_\_\_  
*"Be quick to listen, slow to speak, and slow to get angry."* James 1:19 (NLT)
4. \_\_\_\_\_  
*"Each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus."* Philippians 2:4-5 (NIV)
5. \_\_\_\_\_  
*"The words of the reckless pierce like swords, but the tongue of the wise brings healing."* Proverbs 12:18 (NIV)

*"Do not use harmful words, but only helpful words, the kind that build up and provide what is needed."* Ephesians 4:29 (GNT)

6. \_\_\_\_\_  
*"You must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips."* Colossians 3:8 (NIV)  
  
*"Let us stop passing judgment on one another. Instead, make up your mind not to put any stumbling block or obstacle in the way of a brother or sister."*  
Romans 14:13 (NIV)
7. \_\_\_\_\_  
Reconciliation = to reestablish the relationship  
  
Resolution = to resolve every issue  
  
*"Blessed are the peacemakers, for they will be called the children of God."*  
Matthew 5:9 (NIV)

### Next Steps

Visit [PastorRick.com](http://PastorRick.com) for more Bible teaching and to sign up for the daily devotional.

Did you pray and give your life to Jesus for the first time today? Email [Rick@PastorRick.com](mailto:Rick@PastorRick.com) for [free tools](#) to help you on your spiritual journey!

Has Daily Hope helped you? Share your story with Pastor Rick at [Rick@PastorRick.com](mailto:Rick@PastorRick.com)

Help Daily Hope [reach more people](#) with the certain hope of Jesus! Give now at [Donate.PastorRick.com](http://Donate.PastorRick.com)

## FINDING THE LOVE OF YOUR LIFE

You Make Me Crazy  
Rick Warren

*"The righteous choose their friends carefully."* Proverbs 12:26 (ESV)

### CORRECTING TWO MYTHS

- \_\_\_\_\_
- \_\_\_\_\_

### "MUST HAVES"

#### 1. WE MUST HAVE \_\_\_\_\_

*"Stop forming inappropriate relationships with unbelievers. Can right and wrong be partners? Can light have anything in common with darkness? . . . Can a believer share life with an unbeliever?"* 2 Corinthians 6:14-15 (GW)

*"I want us to help each other with the faith we have. Your faith will help me, and my faith will help you."* Romans 1:12 (NCV)

#### 2. WE MUST HAVE \_\_\_\_\_

*"Can two people walk together without agreeing on the direction?"*  
Amos 3:3 (NLT)

*"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."* Ephesians 2:10 (NIV)

*"Each of you has received a gift to use to serve others. Be good servants of God's various gifts of grace."* 1 Peter 4:10 (NCV)

*"Brothers and sisters, you are holy partners in a heavenly calling."*  
Hebrews 3:1 (GW)

#### 3. WE MUST BOTH BE \_\_\_\_\_

### A PARTIAL CHECKLIST OF EMOTIONAL HEALTH

- \_\_\_\_\_  
*"Do not make friends with a hot-tempered person, do not associate with one easily angered."* Proverbs 22:24 (NIV)

- \_\_\_\_\_  
*"Don't associate with people who drink too much wine or stuff themselves with food."* Proverbs 23:20 (GNT)

- \_\_\_\_\_  
*"See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many."* Hebrews 12:15 (NIV)

*"If you insult your father or mother, your light will be snuffed out in total darkness."* Proverbs 20:20 (NLT)

- \_\_\_\_\_  
*"Selfish people cause trouble."* Proverbs 28:25
- \_\_\_\_\_  
*"People who do not get along with others are interested in themselves; they will disagree with what everyone else knows is right."* Proverbs 18:1 (GNT)

- \_\_\_\_\_  
*"Greedy for unjust gain brings trouble to his family."* Proverbs 15:27 (GW)
- \_\_\_\_\_  
*"Don't eat at the table of a stingy person."* Proverbs 23:6 (GNT)

- \_\_\_\_\_  
*"A generous person will prosper; whoever refreshes others will be refreshed."*  
Proverbs 11:25 (NIV)
- \_\_\_\_\_  
*"A gracious woman gains honor . . . a kind man benefits himself, but a cruel person brings ruin on himself."* Proverbs 11:16-17 (CSB)

- \_\_\_\_\_  
*"The godly walk with integrity; blessed are their children who follow them."*  
Proverbs 20:7 (NLT)

### ENDING A DEAD-END DATING RELATIONSHIP

*"In the end, people appreciate honest criticism far more than flattery."*  
Proverbs 28:23 (NLT)

### Next Step

Visit [PastorRick.com](http://PastorRick.com) for more Bible teaching and  
to sign up for the daily devotional.

## BREAKING FREE FROM ABUSE

You Make Me Crazy  
Rick Warren & Tom Holladay

*"Why do you keep tormenting me with words? Time after time you insult me and show no shame for the way you insult me."* Job 19:1-3 (GNT)

### HOW TO HELP SOMEONE BREAK FREE

1. \_\_\_\_\_  
Jesus: *"The truth will set you free."* John 8:32 (NIV)

David: *"I said, ' . . . I will not say anything while evil people are near.' I kept quiet, not saying a word . . . But my suffering only grew worse, and I was overcome with anxiety. The more I thought, the more troubled I became; I could not keep from asking: 'Lord, how long will I live? When will I die? Tell me how soon my life will end.'" Psalm 39:1-4 (GNT)*

2. \_\_\_\_\_

### MARKS OF EMOTIONAL ABUSE – DAVID'S DESCRIPTIONS

• \_\_\_\_\_  
*"My enemies taunt me day after day. They mock and curse me."*  
Psalm 102:8 (NLT)

• \_\_\_\_\_  
*"Who tell lies about me and threaten me."* Psalm 109:20 (TLB)

• \_\_\_\_\_  
*"Who see me make fun of me. Insults pour from their mouths."*  
Psalm 22:7 (GW)

• \_\_\_\_\_  
*"I have been insulted, put to shame, and humiliated."* Psalm 69:19 (GW)

• \_\_\_\_\_  
*"Using words to kill; they bully their way with words."* Psalm 73:8 (MSG)

• \_\_\_\_\_  
*"They pushed hard to make me fall."* Psalm 118:13 (GW)

• \_\_\_\_\_  
*"I have heard the many rumors about me, and I am surrounded by terror."*  
Psalm 31:13 (NLT)

• \_\_\_\_\_  
*"They mock me and call me names; they snarl at me."* Psalm 35:16 (NLT)

3. \_\_\_\_\_  
*"Don't be fooled by those who try to excuse these sins, for the anger of God will fall on all who disobey him."* Ephesians 5:6 (NLT)

4. \_\_\_\_\_  
*"Look on victims of abuse as if what happened to them had happened to you."*  
Hebrews 13:3 (MSG)

*"Carry each other's burdens, and in this way you will fulfill the law of Christ."*  
Galatians 6:2 (NIV)

5. \_\_\_\_\_  
*"By yourself you're unprotected. With a friend you can face the worst. Can you round up a third? A three-stranded rope isn't easily snapped."*  
Ecclesiastes 4:12 (MSG)

*"Take no part in the worthless deeds of evil and darkness; instead, expose them. It is shameful even to talk about the things that ungodly people do in secret. But their evil intentions will be exposed when the light shines on them, for the light makes everything visible."* Ephesians 5:11-14 (NLT)

6. \_\_\_\_\_  
*"Put your heart right, Job. Reach out to God. Put away any evil and wrong from your home. Then face the world again, firm and courageous. Then all your troubles will fade from your memory, like floods that are past and remembered no more. Your life will be brighter than sunshine at noon, and life's darkest hours will shine like the dawn."* Job 11:13-17 (GNT)

7. \_\_\_\_\_  
*"Never pay back a bad turn with a bad turn or an insult with another insult, but on the contrary pay back with good. For this is your calling."* 1 Peter 3:9 (PHILLIPS)

*"Christ never verbally abused those who verbally abused him. When he suffered, he didn't make any threats but left everything to the one who judges fairly."*  
1 Peter 2:23 (GW)

## ESCAPING THE PEOPLE PLEASER TRAP

You Make Me Crazy  
Rick Warren, Kurt Johnston, & Brad Baker

*"It is dangerous trap to be concerned with what others think of you, but if you trust the Lord, you are safe."* Proverbs 29:25 (GNT)

### WHY TRYING TO PLEASE EVERYONE IS A TRAP

1. \_\_\_\_\_  
*"Our purpose is to please God, not people. He alone examines the motives of our hearts."* 1 Thessalonians 2:4 (NLT)
2. \_\_\_\_\_  
*"You try to get praise from each other, but you do not try to get the praise that comes from the only God. So how can you believe?"* John 5:44 (NCV)
3. \_\_\_\_\_  
*"Do not follow the crowd in doing wrong."* Exodus 23:2 (NIV)  
*"Saul gave in and confessed, 'I've sinned. I've trampled roughshod over God's Word and your instructions. I cared more about pleasing the people. I let them tell me what to do.'"* 1 Samuel 15:24 (MSG)
4. \_\_\_\_\_  
*Jesus: "You are the ones who make yourselves look right in other people's sight, but God knows your hearts."* Luke 16:15 (GNT)  
*"You may brag about yourself, but the only approval that counts is the Lord's approval." 2 Corinthians 10:18 (CEV)*
5. \_\_\_\_\_  
*"No one had the courage to speak favorably about him in public, for they were afraid of getting in trouble with the Jewish leaders."* John 7:12-13 (NLT)  
*"Many believed in Jesus, even many of the leaders. But because of the Pharisees, they did not say they believed in him for fear they would be put out of the synagogue. They loved praise from people more than praise from God."*  
John 12:42-43 (NCV)

### SIX FACTS TO REMEMBER

1. \_\_\_\_\_
2. \_\_\_\_\_  
*Jesus: "Your approval or disapproval means nothing to me."* John 5:41 (NLT)  
*"I am the one who comforts you. So why are you afraid of mere humans, who wither like the grass and disappear?"* Isaiah 51:12 (NLT)  
*"Even if my father and mother abandon me, the Lord will hold me close."*  
Psalm 27:10 (NLT)
3. \_\_\_\_\_  
*"The world and everything in it that people desire is passing away; but those who do the will of God will live forever."* 1 John 2:17 (GNT)  
*Jesus: "The things that are considered of great value by people are worth nothing in God's sight."* Luke 16:15 (GNT)
4. \_\_\_\_\_  
*Jesus: "I don't try to please myself, but I try to please the One who sent me."*  
John 5:30 (NCV)  
*Paul: "I'm not trying to win the approval of people, but of God. If pleasing people were my goal, I would not be Christ's servant."* Galatians 1:10 (NLT)
5. \_\_\_\_\_  
*"Yes, each of us will have to give a personal account to God."*  
Romans 14:12 (NLT)  
*"If anyone is ashamed of me and my words, the Son of Man will be ashamed of him, when he comes in his glory and the glory of the Father and of the holy angels." Luke 9:26 (PHILLIPS)*
6. \_\_\_\_\_  
*"Don't let the world around you squeeze you into its own mould, but let God remould your minds from within, so that you may prove in practice that the plan of God for you is good, meets all his demands and moves towards the goal of true maturity." Romans 12:2 (PHILLIPS)*

## KEEPING THE CRAZymAKERS FROM MAKING YOU CRAZY

You Make Me Crazy  
Rick Warren & Tom Holladay

### Types of Crazy-makers

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### HOW TO DEAL WITH DIFFICULT PEOPLE

1. \_\_\_\_\_  
"When a fool is annoyed, he quickly lets it be known. Smart people will ignore an insult." Proverbs 12:16 (GNT)  
"A person's wisdom yields patience; it is to one's glory to overlook an offense."  
Proverbs 19:11  
"Love overlooks the wrongs that others do." Proverbs 10:12 (CEV)
2. \_\_\_\_\_  
Jesus: "Father, forgive them, for they don't know what they are doing."  
Luke 23:34 (NLT)  
"Make allowance for each other's faults, and forgive anyone who offends you.  
Remember, the Lord forgave you, so you must forgive others."  
Colossians 3:13 (NLT)
3. \_\_\_\_\_  
"Whoever forgives someone's sin makes a friend, but gossiping about the sin  
breaks up friendships." Proverbs 17:9 (NCV)

"Do not do wrong to repay a wrong, and do not insult to repay an insult. But repay with a blessing, because you yourselves were called to do this so that you might receive a blessing." 1 Peter 3:9 (NCV)

4. \_\_\_\_\_  
Example of Jesus: "The Pharisees plotted a way to trap him into saying something damaging . . . Jesus knew they were up to no good. He said, 'Why are you playing these games with me? Why are you trying to trap me?'"  
Matthew 22:15-19 (MSG)  
"We reject all shameful deeds and underhanded methods. We don't try to trick anyone or distort the word of God. We tell the truth before God, and all who are honest know that." 2 Corinthians 4:2 (NLT)  
"Just as charcoal and wood keep a fire going, a quarrelsome person keeps an argument going." Proverbs 26:21 (NCV)
5. \_\_\_\_\_  
"Do not allow what you think is good to become what others say is evil."  
Romans 14:16 (NCV)  
"We have freedom now, because Christ made us free. So stand strong. Do not change and go back into the slavery of the law." Galatians 5:1 (NCV)  
"The disciples came to Jesus and asked, 'Do you realize you offended the Pharisees by what you just said?' Jesus replied, 'Every plant not planted by my heavenly Father will be uprooted, so ignore them.'" Matthew 15:12-14 (NLT)
6. \_\_\_\_\_  
"Ask God to bless those who persecute you—yes, ask him to bless, not to curse."  
Romans 12:14 (GNT)  
"If someone has done you wrong, do not repay him with a wrong. Try to do what everyone considers to be good. Do everything possible on your part to live in peace with everybody." Romans 12:17-18 (GNT)  
"Do not be overcome by evil, but overcome evil with good." Romans 12:21 (NIV)  
"When a man's ways please the Lord, he makes even his enemies to be at peace with him." Proverbs 16:7 (ESV)

Next Step

Visit [PastorRick.com](http://PastorRick.com) for more Bible teaching and  
to sign up for the daily devotional.

## HOW TO KEEP YOUR MARRIAGE GROWING

You Make Me Crazy  
Rick Warren & Tom Holladay

*"Homes are built on the foundation of wisdom & understanding."*  
Proverbs 24:3 (GNT)

*"I pray that your love will keep on growing because of your knowledge and insight."*  
Philippians 1:9 (GW)

### 1. KEEP ON \_\_\_\_\_

*"Marriage involves you in all the nuts and bolts of domestic life and in wanting to please your spouse, leading to so many more demands on your attention."*  
1 Corinthians 7:33-34 (MSG)

*"Answering before listening is both stupid and rude."* Proverbs 18:13 (MSG)

*"God speaks in different ways, and we don't always recognize his voice."*  
Job 33:14 (CEV)

*"Be quick to listen, slow to speak and slow to become angry."* James 1:19 (NIV)

### 2. KEEP ON \_\_\_\_\_

*"Our love should not be just words and talk; it must be true love, which shows itself in action."* 1 John 3:18 (GNT)

*"Look out for one another's interests, not just your own."* Philippians 2:4 (GNT)

*"Honor Christ by submitting to each other."* Ephesians 5:21 (TLB)

*"May God . . . help you live in complete harmony with each other, as is fitting for followers of Christ Jesus."* Romans 15:5 (NLT)

### 3. KEEP ON \_\_\_\_\_

*"Love each other with genuine affection, and take delight in honoring each other."*  
Romans 12:10 (NLT)

Jesus told a church: *"The love you had at first is gone. Remember how far you have fallen. Return to me and change the way you think and act, and do what you did at first."* Revelation 2:4-5 (GW)

*"May you live to enjoy your grandchildren."* Psalm 128:6 (NLT)

### 4. KEEP ON \_\_\_\_\_

*"Encourage each other every day while it is 'today'."* Hebrews 3:13 (NCV)

*"A word of encouragement does wonders!"* Proverbs 12:25 (TLB)

*"I have great confidence in you, and I have a lot of reasons to be proud of you."*  
2 Corinthians 7:4 (GW)

*"I want us to help each other with the faith we have. Your faith will help me, and my faith will help you."* Romans 1:12 (NCV)

### 5. KEEP ON \_\_\_\_\_

*"You have accepted Christ Jesus as your Lord. Now keep on following him."*  
Colossians 2:6 (CEV)

*"Keep your roots deep in him, build your lives on him, and become stronger in your faith."* Colossians 2:7 (GNT)

*"Make this your common practice: Confess your sins to each other and pray for each other so that you can live together whole and healed."* James 5:16 (MSG)

*"Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track."* Proverbs 3:6 (MSG)

### Next Steps

Visit [PastorRick.com](http://PastorRick.com) for more Bible teaching and to sign up for the daily devotional.

Did you pray and give your life to Jesus for the first time today? Email [Rick@PastorRick.com](mailto:Rick@PastorRick.com) for free tools to help you on your spiritual journey!

Has Daily Hope helped you? Share your story with Pastor Rick at [Rick@PastorRick.com](mailto:Rick@PastorRick.com)

Help Daily Hope reach more people with the certain hope of Jesus! Give now at [Donate.PastorRick.com](http://Donate.PastorRick.com)