

FACING THE FEARS THAT RUIN RELATIONSHIPS

Transformed
Rick Warren

“So [Eve] ate some of the fruit and gave some to her husband, and [Adam] ate it too. And as they ate it, suddenly they became aware of their nakedness, and were embarrassed. So they strung fig leaves together to cover themselves around the hips. That evening they heard the sound of the Lord God walking in the garden; and they hid themselves among the trees. The Lord God called to Adam, ‘Why are you hiding?’ And Adam replied, ‘I heard you coming and didn’t want you to see me naked. So I hid.’ ‘Who told you were naked?’ the Lord God asked. ‘Have you eaten fruit from the tree I warned you about?’ ‘Yes,’ Adam admitted, ‘but it was the woman you gave me who brought me some, and I ate it.’ Then the Lord God asked the woman, ‘How could you do such a thing?’ ‘The serpent tricked me,’ she replied . . . Then God said to the woman, ‘You shall bear children in intense pain and suffering; yet even so, you shall welcome your husband’s affections, and he shall be your master.’ And to Adam, God said, ‘Because you listened to your wife and ate the fruit when I told you not to, I have placed a curse upon the soil. All your life you will struggle to extract a living from it. It will grow thorns and thistles for you, and you shall eat its grasses. All your life you will sweat to master it, until your dying day. Then you will return to the ground from which you came. For you were made from the ground, and to the ground you will return.’” Genesis 3:6-19 (TLB)

HOW OUR FEARS RUIN RELATIONSHIPS

1. _____
“God called to Adam, ‘Why are you hiding?’ And Adam replied, ‘I heard you coming and didn’t want you to see me naked. So I hid.’” Genesis 3:9-10 (TLB)

“They suddenly felt shame at their nakedness.” Genesis 3:7 (NLT)

“So they sewed fig leaves together to cover up themselves.” Genesis 3:7 (NLT)

“They hid from the Lord God among the trees.” Genesis 3:8 (NLT)

2. _____
“God asked, ‘. . . Did you eat fruit from the tree from which I commanded you not to eat?’ The man said, ‘You gave this woman to me and she gave me fruit from the tree, so I ate it.’” Genesis 3:12 (NCV)

“She replied, ‘The snake tricked me into eating it.’” Genesis 3:13 (GNT)

3. _____
The result of their sin:
“You will want your husband very much, but he will rule over you.”
Genesis 3:16 (ERV)

“He will dominate you.” Genesis 3:16 (NET)

THE ANTIDOTE: _____

“Wherever God’s love is, there is no fear, because God’s perfect love drives out fear. It is punishment that makes a person fear.” 1 John 4:18 (NCV)

1. **EVERYDAY SURRENDER** _____
“Surrender your heart to God, turn to him in prayer, and give up your sins— even those you do in secret. Then you won’t be ashamed; you will be confident and fearless. Your troubles will go away like water beneath a bridge, and your darkest night will be brighter than noon. You will rest safe and secure, filled with hope and emptied of worry!” Job 11:13-18 (CEV)

2. EVERYDAY REMEMBER _____

- **I’M** _____
“[Jesus] made us acceptable to God.” Titus 3:7 (CEV)
- **I’M** _____
“My love for you will never end . . . says the Lord.” Isaiah 54:10 (GNT)
- **I’M** _____
“There is now no condemnation for those who are in Christ Jesus.”
Romans 8:1 (NIV)
- **I’M** _____
“You have been bought and paid for by Christ.” 1 Corinthians 7:23 (TLB)

3. **EVERYDAY OFFER** _____
“Accept one another just as [Christ] also accepted you.” Romans 15:7 (TLV)

“Love never stops being patient, never stops believing, never stops hoping, never gives up.” 1 Corinthians 13:7 (GW)

Next Step

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