

## HOW GOD LIFTS ME UP WHEN I'M WORN DOWN

Living in the Goodness of God – Rick Warren  
Parts 1-3

*"You prepare a banquet for me in front of my enemies."* Psalm 23:5

### WHAT KIND OF BANQUET IS THIS?

- \_\_\_\_\_ **"You"**
- \_\_\_\_\_ **"Prepare"**  
*"You prepare a table . . ." יִדְּבַר = shulchan*
- \_\_\_\_\_ **"For me"**
- \_\_\_\_\_ **"In front of"**
- \_\_\_\_\_ **"my enemies"**

### WHAT FORCES OPPOSE GOD'S BEST FOR ME?

1. \_\_\_\_\_  
Jesus: *"In this world, you will have tribulation and trials and distress and frustration, but take heart . . . because I have overcome the world."* John 16:33 (AMP)

*"Do not love the world or all the things in the world. If you love what the world offers, it shows the Father's is not in you. For everything the world values—doing anything that feels good and indulging every lust, being driven by greed to always want more, and the prideful pretending to impress others, does not come from God. The world, and all the things people think are important are actually passing away, but the person who does what God says will live forever."* 1 John 2:15-17

2. \_\_\_\_\_  
*"Be careful! Watch out for attacks from the Devil, who is your great enemy."*  
1 Peter 5:8 (TLB)

*"Our fight is not really against people on earth . . . but against the forces of evil in the spiritual world."* Ephesians 6:12

3. \_\_\_\_\_  
Paul: *"Inside me, my old nature is at war with my new mind, which wants to do what's right. But my old self fights back and keeps me struggling with my old patterns and sins."* Romans 7:23

### WHAT DOES THIS BANQUET SYMBOLIZE?

1. \_\_\_\_\_  
*"You welcome us with open arms when we run for cover to you. Let the party last all night! Stand guard over our celebration."* Psalm 5:11 (The Message)

*"God is gently calling you from the jaws of distress to an open place of freedom where he has set your table full of the best food!"* Job 36:16 (NCV)

2. \_\_\_\_\_  
*"Your goodness is so great! You have stored up great blessings for those who honor you. You have done so much for those who come to you for protection, blessing them before the watching world."* Psalm 31:19

### WHAT'S ON THE MENU?

\_\_\_\_\_   
*"The promises of your Word taste sweet to me. They taste sweeter than honey in my mouth."* Psalm 119:103

*"Learn to savor how good the Lord is!"* Psalm 34:8 (NAB)

*"How precious, O God, is your constant love! We find protection under the shadow of your wings. We feast on the abundant food you provide; you let us drink from the river of your goodness. You are the source of all life! And because of your light, we see the light!"* Psalm 36:7-9 (GNT)

### ONE DAY: THE GREATEST BANQUET OF ALL!

*"The Lord Almighty will prepare a feast of the finest food for all peoples, a banquet of the best of meats and finest wines. And on this mountain, God will destroy the shroud that enfolds all peoples, and the sheet that covers all nations. He will swallow up death forever! The Sovereign Lord will wipe away the tears from all faces; and he will remove the disgrace of his people from all the earth. And in that day, they will say, 'Surely this is our God! We trusted in him, and he saved us! Yes, this is the Lord, we trusted in him! So, let us rejoice and be glad in his salvation!'"*

Isaiah 25:6-9 (NIV)

### Next Steps

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