

## MAKING THE HARD CHANGES IN ME

The Invisible War Rick Warren

## WHY IS IT SO HARD TO CHANGE MYSELF?

1.	
2.	
3.	
4.	

"Since you have heard about Jesus and have <u>learned the truth that comes from him,</u> throw off your old sinful nature and <u>your former way</u> of life, which is corrupted by lust and deception. Instead, let the <u>Spirit renew your thoughts and attitudes</u>. Put on your new nature, created to be like God—truly righteous and holy. So stop <u>telling lies. Let</u> <u>us tell our neighbors the truth</u>, for we are all parts of the same body. . . Don't let the sun go down while you are still angry, for anger gives a mighty foothold to the devil." Ephesians 4:21-27 (NLT)

## PRINCIPLES FOR PERSONAL CHANGE

1.

"You certainly heard about him, and his followers you were taught the truth that is in Jesus." Ephesians 4:21 (GNT)

*"All Scripture is inspired by God and is useful to <u>teach us what is true</u> and to make us <u>realize what is wrong</u> in our lives. It <u>corrects</u> us when we are wrong and <u>teaches</u> <u>us to do what is right</u>. God uses it to prepare and equip his people to do every good work." 2 Timothy 3:16-17 (NLT)* 

2.

"<u>Throw off</u> your old evil nature—the old you that was a partner in your evil ways rotten through and through, full of lust and shame." Ephesians 4:22

"Continue to <u>work out</u> your salvation with fear and trembling, for it is God who <u>works in you</u> to <u>will</u> and to <u>act</u> in order to fulfill his <u>good purpose</u>."

Philippians 2:12-13 (NIV)

"Instead, let the Spirit renew your thoughts and attitudes." Ephesians 4:23 (NLT)

Think→ Feel→ Act

"This same <u>attitude</u> in yourselves which was in Christ Jesus."

Philippians 2:5 (AMP)

4.

3.

"You must <u>put on your new self</u>, which is created in God's likeness and reveals itself in the true life that is upright and holy." Ephesians 4:24 (GNT)

"As the Spirit of the Lord works within us, we become more and more <u>like him.</u>" 2 Corinthians 3:18 (TLB)

5.

*"Put away falsehood, let each one of you <u>speak the truth with his neighbor</u>, for <u>we</u> <u>are members one of another</u>." Ephesians 4:25 (ESV)* 

"By helping each other with your troubles, you truly obey the law of Christ." Galatians 6:2 (NCV)

6.

*"Don't let the sun go down while you are still angry, for anger gives a <u>foothold</u> to the devil." Ephesians 4:26-27 (NLT)* 

## Next Steps

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