

SURRENDER: THE PATH TO PEACE

How to Get Through What You're Going Through
Rick and Kay Warren

REVIEW

IN SHOCK

- Cry out to God
- Let others help me

IN SORROW

- You go through it, not around it
- List the losses I've never grieved
- Identify what I've really lost
- Ask Jesus to heal my broken heart

IN STRUGGLE

- Learn to lament in the Biblical way

Complain: Tell God what I think is unfair or painful

Appeal to God's nature

Remind God of what he has said (promises)

Express my total trust in God

"Everything written in the Scriptures was written to teach us, in order that we might have hope." Romans 15:4 (GNT)

SURRENDER

David's Loss of a Child – 1 Samuel 12:16-24

"David begged God to spare the child. He went without food and lay all night on the bare ground. The elders of his household pleaded with him to get up and eat with them, but he refused. Then on the seventh day the child died. David's advisers were afraid to tell him. 'He wouldn't listen to reason while the child was ill,' they said. 'What drastic thing will he do when we tell him the child is dead?' When David saw them whispering, he realized what had happened. 'Is the child dead?' he asked. 'Yes,' they replied." 2 Samuel 12:16-19 (NLT)

STEPS OF SURRENDER

1. _____

David: *"I fasted and wept while the child was alive, for I said, 'perhaps the Lord will be gracious to me and let the child live.' But why should I fast when he is dead? Can I bring him back again?"* 2 Samuel 12:22-23 (NLT)

2. _____
"I will go to him one day, but he cannot return to me." 2 Samuel 12:23 (NLT)

3. _____
"Then David got up from the ground, washed himself, put on lotions, and changed his clothes." 2 Samuel 12:20 (NLT)

4. _____
"He went to the Tabernacle and worshiped the Lord." 2 Samuel 12:20 (NLT)
"I tried to understand all this, but it was too hard for me to see until I went to the Temple of God. Then I understood." Psalm 73:16-17 (NCV)

5. _____
"After that, he returned to the palace and was served food and ate." 2 Samuel 12:20 (NLT)

6. _____
"Then David comforted Bathsheba, his wife, and slept with her. She became pregnant and gave birth to a son, and David named him Solomon." 2 Samuel 12:24 (NLT)

"We know what real love is because Jesus gave up his life for us. So we also ought to give up our lives for our brothers and sisters." 1 John 3:16 (NLT)

Next Steps

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